



SLSG-Metro Club Technical Training Spring 2012

Saturdays @ SIUE

March 10, 17, 24, April 21, 28

11:30-12:30pm U8 Boys/Girls

12:30-1:30pm U9/10 Girls

1:30-2:30pm U11/12 Girls

May 12

1:00-2:00pm U8 Boys/Girls

2:00-3:00pm U9/10 Girls

3:00-4:00pm U11/12 Girls

PLAYERS MUST REGISTER ON-LINE!!!

VISIT <http://slsgmetro.blogspot.com>

Registration Allows Proper Number of Staff
Coaches at Each Session

Register by Thursday of Each Week!

ONLY REGISTER FOR ONE WEEK AT A TIME!!!



SPEED & AGILITY

Sundays @ SIUE

March 11

11:00am-12:00pm U9/10 Boys

12:00-1:00pm U11/12 Boys

March 18, May 13

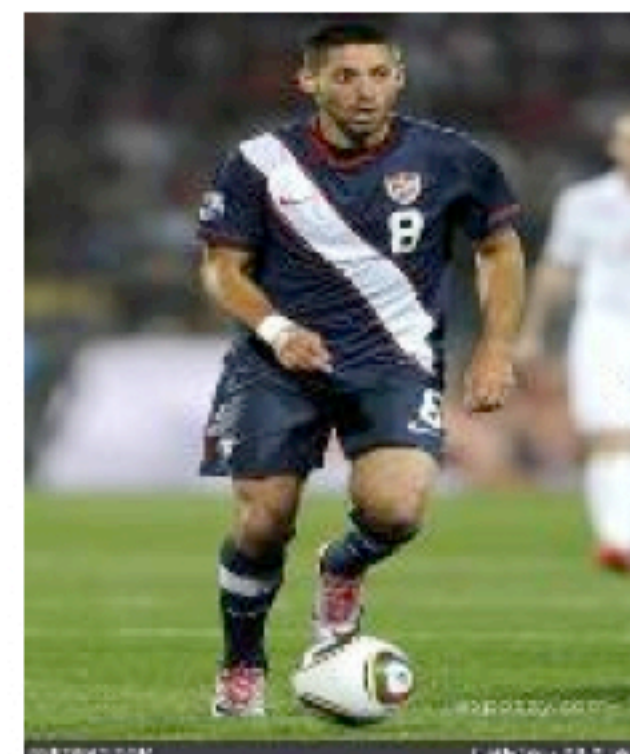
3:00-4:00pm U9/10 Boys

4:00-5:00pm U11/12 Boys

March 25, April 22, April 29

12:00-1:00pm U9/10 Boys

1:00-2:00pm U11/12 Boys



BALL STRIKING

FAST FOOTWORK